# Dairy Queen Senior Menu with Prices & Calories 2026

Dairy Queen · Updated November 2026 · jakessmokehousebbq.com

## Value Meal Deals

| Item | Price | Calories |
|---|---|---|
| $7 Meal Deal (burger, fries, drink, sundae) | $7.00 | Varies |
| Mini Blizzard Swap (upgrade from sundae) | $9.00 | 330 |
| Monday App Coupons (select items) | Varies | Varies |

## Blizzards by Size

| Item | Price | Calories |
|---|---|---|
| Mini Blizzard | $3.49 - $3.99 | 330 - 480 |
| Small Blizzard | $4.49 - $4.99 | 590 - 770 |
| Medium Blizzard | $5.29 - $5.99 | 800 - 1,040 |
| Large Blizzard | $5.99 - $6.99 | 1,050 - 1,370 |
| Royal Blizzard (extra toppings) | About $1 more/size | Varies |

## Chicken & Basket Meals

| Item | Price | Calories |
|---|---|---|
| 4-Piece Chicken Strip Basket | $8.99 - $9.99 | Varies |
| 3-Piece Chicken Strips (a la carte) | $3.29 - $5.49 | Varies |
| Chicken Snack Basket (small) | $6.69 - $7.99 | Varies |
| FlameThrower Grill Burger | $7.49 | Varies |
| Chicken Basket with Fries & Drink | $7.99 - $8.99 | Varies |

## Burgers & Sandwiches

| Item | Price | Calories |
|---|---|---|
| Signature Stackburger | From $6.39 | Varies |
| Cheeseburger | $2.49 - $4.49 | Varies |
| DQ Sandwich | $1.79 - $2.49 | 180 - 190 |
| Classic Burger | $3.29 - $5.49 | Varies |
| FlameThrower Burger | $7.49 | Varies |

## Sundaes & Classic Treats

| Item | Price | Calories |
|---|---|---|
| Hot Fudge Sundae | $2.79 - $3.49 | 280 - 300 |
| Peanut Buster Parfait | $4.99 | About 520 |
| Dilly Bar | $2.49 - $3.09 | About 210 |
| Soft-Serve Cone | $1.99 - $2.49 | About 220 |
| DQ Sandwich (ice cream) | $1.79 - $2.49 | 180 - 190 |

## Drinks & Shakes

| Item | Price | Calories |
|---|---|---|
| Shake or Malt | $4.49 - $4.99 | Varies |
| Mistys Slush | $1.99 - $2.99 | Varies |
| 21 oz Soft Drink | $1.99 - $2.49 | Varies |
| Smoothies | $3.69 - $4.49 | Varies |
| Coffee & Hot Drinks | $1.99 - $2.49 | Varies |

## Cakes & Party Treats

| Item | Price | Calories |
|---|---|---|
| DQ Cake (8-inch round) | $18.00 - $23.00 | Varies |
| Specialty Cakes | $22.99+ | Varies |
| Ice Cream Cake Slices | $3.99 - $5.49 | Varies |
| Custom Party Orders | Varies | Varies |
| Ice Cream Pies | $7.99 - $9.99 | Varies |

## Senior Discounts & Savings

| Item | Price | Calories |
|---|---|---|
| 10% Off Senior Discount (selected items) | Varies | Varies |
| Monday App Coupons | Varies | Varies |
| DQ Rewards Points | Varies | Varies |
| Free Cone Day (annual event) | Free cone | Varies |
| Bundle Deals (family or combo) | About $24 - $30 | Varies |

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.