Red Lobster Dinner Menu 2026 – Prices, Calories & Combos

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Signature Seafood Combos

Item	Price	Calories
Ultimate Feast	$48.99	1280
Admiral's Feast	$29.99	1670
Seaside Shrimp Trio	$25.99	1100
Lobster Lover's Dream	Check the app	Check the app
Surf & Turf with Lobster Tail	$40.00 - $48.00	900-1200

Lobster Entrées

Item	Price	Calories
Maine Lobster Tail (single)	$30.99 - $35.99	420
Twin Lobster Tails	$42.99 - $49.99	800-1000
Lobster Mac and Cheese	$24.99 - $28.99	950
Lobster Bisque (bowl)	$9.99	630
Lobster & Shrimp Linguini	$27.59	Not Specified

Shrimp Entrées

Item	Price	Calories
Garlic Shrimp Scampi	$18.49	440
Wood-Grilled Shrimp Skewers	$19.49	500
Parrot Isle Coconut Shrimp	$19.99	940
Walt's Favorite Shrimp	$19.49	Not Specified
Shrimp & Cajun Sausage over Orzo	$18.99	1020

Family Meals & Feasts

Item	Price	Calories
Ultimate Family Feast®	$120 - $150	1250-4740
Create Your Own Family Feast	$95 - $130	Varies
Shrimp Your Way Family Meal	$70 - $95	Varies
Admiral's Family Feast	$75 - $100	Varies
Salmon Family Meal	$65 - $85	Varies

Appetizers & Starters

Item	Price	Calories
Lobster Flatbread	$14.49	Not Specified
Seafood-Stuffed Mushrooms	$16.99	530
Dozen Cheddar Bay Biscuits	$6.99	Not Specified
Crunchy Coconut Shrimp	$18.49	940
Bite-sized Shrimp	$12.49	820

Pasta & Classics

Item	Price	Calories
Shrimp Linguini Alfredo	$18.99 - $19.99	Not Specified
Cajun Chicken Linguini Alfredo	$Varies	Not Specified
Fish & Chips	$16.99 - $19.99	Not Specified
Sirloin Steak & Lobster Tail	$38.99+	Not Specified

Sides & Extras

Item	Price	Calories
Family House Salad (Serves 4)	$15.99	640
Red Potatoes & Corn (Combo additions)	Included	Varies
Cheddar Bay Biscuits (single)	$0.59 (approx)	160
Garlic Bread	$4.49	360
Coleslaw	$4.99	380

Desserts & Drinks

Item	Price	Calories
Chocolate Wave® Cake	$7.99	Not Specified
Classic Lemonade	$4.39	140
Strawberry Lemonade	$4.39	240
Unsweet Iced Tea	$3.79	0-10
Top-Shelf Long Island Iced Tea	$5.00	Not Specified

Happy Hour Specials

Item	Price	Calories
Classic Margarita	$5.00	Not Specified
Draft Blue Moon 14 oz.	$5.00	Not Specified
Lobster Flatbread (Discounted)	$12.49	Not Specified
Seafood-Stuffed Mushrooms (Discounted)	$14.99	530
Crab Queso (Discounted)	$Price Varies	Not Specified

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.